

OUR PHILOSOPHY

ASPIRE COUNSELING & CONSULTING'S

VISION IS THAT SERVICES MUST
BE DELIVERED WHILE KEEPING
THE CLIENT'S LIFE SPAN OF
EXPERIENCES IN MIND.

WE ACKNOWLEDGE THAT YOUR LIFE
CHALLENGES ARE DYNAMIC, AND NEED
TO BE ADDRESSED WITH EQUALLY
DYNAMIC AND COLLABORATIVE
STRATEGIES.

AC & C INCORPORATES A
CLIENT'S MULTIFACETED
PERSPECTIVE IN DEVELOPING A
PLAN TO STRIVE FOR THEIR
PERSONALIZED GOALS. THESE GOALS
CAN BE RELATED TO LIFE ENHANCEMENT
AND OR WORKPLACE PERFORMANCE.

BIOGRAPHY

ANGEL E. McLAUGHLIN IS A
CERTIFIED BRAIN INJURY SPECIALIST
TRAINER (CBIST), AND A LICENSED
PROFESSIONAL COUNSELOR (LPC)
IN THE STATES OF PENNSYLVANIA
AND NEW JERSEY. SHE OBTAINED A
MASTERS DEGREE IN PSYCHOLOGICAL
COUNSELING AND A MASTERS
DEGREE IN EDUCATION FROM
COLUMBIA UNIVERSITY.

ANGEL IS A MEMBER OF THE BRAIN
INJURY ASSOCIATION, AMERICAN
COUNSELING ASSOCIATION,
MENTAL HEALTH ASSOCIATION,
ASSOCIATION FOR PLAY THERAPY,
INTERNATIONAL COACH FEDERATION
AND EMPLOYEE ASSISTANCE
PROFESSIONALS ASSOCIATION.

OVER THE PAST 12 YEARS SHE HAS
WORKED IN A VARIETY OF BEHAVIORAL
HEALTH SETTINGS SUCH AS HOSPITALS,
PARTIAL HOSPITALS, OUTPATIENT CLINICS,
DAY PROGRAMS, GROUP HOMES AND
COMMUNITY TREATMENT.

POPULATIONS SERVED HAVE
INCLUDED YOUNG ADULTS, ADULTS,
PAROLEES, COUPLES, FAMILIES, AND
THE BRAIN INJURED. HER PROFESSIONAL
FOCUS INCLUDES THE AWARENESS OF
MULTICULTURAL DYNAMICS WITHIN A
THERAPEUTIC SETTING.



Angel E. McLaughlin, M.A., MEd., LPC, CBIST,

CEO / Founder ®

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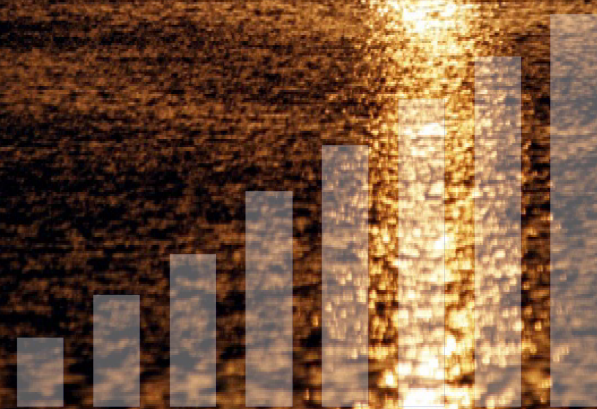
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ASPIRE COUNSELING & CONSULTING

IS A CORPORATION COMPOSED OF EXPERIENCED, LICENSED AND CERTIFIED PROFESSIONALS.

WE PROVIDE COUNSELING, COACHING AND CONSULTATIVE SERVICES TO INDIVIDUALS, GROUPS, SCHOOLS AND OTHER CORPORATIONS. POPULATIONS SERVED RANGE FROM 5 YEARS OF AGE TO ADULTHOOD.

OUR PROFESSIONALS ARE POISED TO TREAT TIME SENSITIVE ISSUES WITH QUALITY AND CUSTOMIZED CARE. CARE THAT SECURES CONFIDENTIALITY AND FOSTERS IMPROVED LIFE OUTCOMES.

OUR MISSION

AC & C's

MISSION IS TO INSPIRE OUR CLIENTELE TO ASPIRE TO THEIR FULLEST POTENTIAL WITHIN THEIR COMMUNITIES, RELATIONSHIPS, WORKPLACES AND SCHOOLS.



OUR CLINICAL SERVICE MODELS ARE ROOTED IN CULTURAL COMPETENCY, RECOVERY, INCLUSION, REUNIFICATION AND COGNITIVE RESTRUCTURING.

CONSULTATIVE SERVICES PROVIDE EDUCATION, COACHING AND RESOURCES TO FACILITATE PERSONAL AND PROFESSIONAL GROWTH.

AT **AC & C** WE ADDRESS THE NEEDS OF THE CHILD, THE ADOLESCENT, THE TRANSITIONAL YOUNG ADULT, THE ADULT, THE SPOUSE, THE LOVED ONE, THE EMPLOYEE, THE PARTNER AND THE SIGNIFICANT OTHER WITH TAILORED INDIVIDUAL, COUPLE, FAMILY, GROUP AND PLAY THERAPY SERVICES.

OUR SERVICES

LIFE COACHING

INDIVIDUAL COUNSELING

FAMILY COUNSELING

RELATIONSHIP ENRICHMENT

THERAPY PRACTICE DEVELOPMENT

CORPORATE/BUSINESS COACHING

EMPLOYEE ASSISTANCE PROGRAM COUNSELING (EAP)

PLAY THERAPY

SCHOOL INTERVENTIONS

BRAIN INJURY EDUCATION

PAYMENT OPTIONS

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